INNER MAP

CREATIVE BRAIN

BRIDGE:
Willingness to shift
and see self as creator

Above The Line = Essence = POWER
Below The Line = Ego = FORCE

Mobilized Immobilized

Mobilized Anger

Fear (Agitated)

Fear (Frozen)

Sadness

Despair (Immobilized Sadness)

Guilt (Immobilized Fear + Anger)

Shame (Immobilized Fear + Anger + Sadness)

Peace

Joy

Love

Appreciation

Acceptance

Neutrality

Acceptance

Appreciation

Love

Joy

Peace

DEATH

INFERNAL MAP

REACTIVE BRAIN

SHAME

(Immobilized Fear + Anger + Sadness)

GUILT

(Immobilized Fear + Anger)

Despair

(Immobilized Sadness)

Sadness

Fear (Frozen)

Fear (Agitated)

Anger

Pride (Mobilized Anger)

Neutral

Acceptance

Appreciation

Love

Joy

Peace

DEATH

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